



ACCESS RIDER

INTRODUCTION

As a multiply-Neurodivergent artist, I strive to make sure that I feel respected in any creative environment I fit into. **Below, I have detailed what I require in any and every scenario that will make your environment accessible to me.**

Please let me know if you need further clarification on any of the information I'm sharing with you, without being invasive. Please also refer to Disability Rights UK's guide to the Social Model of Disability.

TRAVEL

- I have dyspraxia, which makes following physical directions troublesome, and I get lost easily. Please make sure any directions given to me are thorough.
- I will let you know my route to every venue beforehand; please let me know ASAP if any disruptions affect my route.
- If worst comes to the worst, in regards to either timekeeping or overstimulation, I require use of a taxi that must be reimbursed.

MEETINGS

- During meetings, I often lose focus of other people's speech, often lengthening meetings by asking others to repeat their statements so I can "get it".
- Please make sure to keep meetings/notes for sending via email or text at the end of each meeting.
- Use of slides are also encouraged.

COMMUNICATION AND INFORMATION

- Please make sure communication is as clear as possible, lacking ambiguity.
- In regards to text messaging, I am in the middle of swapping over from WhatsApp to Signal, so use the latter platform with me if you can.
- Please also relay any information with my access worker, who is usually with me at all times, as I may not be able to grasp concepts that she can.



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EVENTS

- Please let me and my access worker know about the logistics of every event I attend as soon as possible (e.g. any quiet areas, photography policy).
- Please, if possible, also bring me a packet of Cadbury's Buttons (I don't like M&Ms)

TIME FRAMES

- I have low energy levels. When doing tasks, I often need breaks to mentally recharge, with headphones on and/or in a quiet space.
- To maximise performance, please come prepared with a list of tasks of the day, as I'll feel directionless without it.

WORKING PRACTICES

- No last minute changes
- No ambiguity of communications
- Clear agreements and timeframes
- Clear meetings agenda in advance
- Avoid overwhelming information or events

BUDGETS

- If we are fundraising together, we will need to include access costs

MAKING THE WORK ACCESSIBLE

- Please ensure my work is captioned, BSL-translated, audio/image transcribed, etc if possible.
- Please do not use me as an introduction to Autism 101, or as part of any inspiration porn (e.g. group shows with entirely Autistic artists, curated and viewed through an allistic/non-Autistic lens)

CONTRACTS AND ACCOUNTABILITY

- Our contract will need to be discussed with my access requirements included, clearly stating who will cover the costs and what accountability process is in place
- My access worker will review with me whether my access requirements are being met, as well as the contract itself
- We must agree payment levels in the case of cancellation and postponement



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FURTHER INFORMATION

- I also have Tourette's, which shows up especially when stressed and/or during meltdowns. Please refrain from questioning such behaviours.
- My energy levels fluctuate day-to-day, so please bear that in mind.
- Any corporate/institutional offers will be looked at and accepted on a case by case basis, taking into account budget, sustainability, reaction to pitch, accessibility and positivity.
- I currently use Linux Mint, editing via Photopea, Canva, Darktable, DaVinci Resolve, Kdenlive and CapCut Desktop. While I am available for making content for platforms such as Facebook, X and Instagram, I do not use these services personally.
- Details in case of emergency are available upon request.

Thanks to Little Cog for [the template](#) and Lu Williams for suggesting I have a rider in the first place.

Whatever we'll do together, I look forward to working with you!